



Lara Gastinger

## ASBA *Live* IN NEW YORK! 28TH ANNUAL MEETING & CONFERENCE

### Drawing Inspiration from the New York Botanical Garden Lara Call Gastinger

Friday, October 21<sup>st</sup> morning - Watson Education Building, 3rd floor and Grounds.

Board your motorcoach at the hotel for an 8:15 departure, arriving NYBG at approximately 8:45 am. Disembark the bus and walk a short distance to the Watson education building. The class will begin indoors and continue outdoors using camp stools. Dress warmly.

Learn how to observe and draw from the inspiring gardens at NYBG. It can be very overwhelming to know how to start a drawing when you are outside surrounded by many botanical specimens. Lara will teach basic drawing and compositional skills to help you capture a moment in your field journal. We will be using pens and adding color with watercolor.

Motorcoach will depart at 12:00 noon, returning to the hotel at approximately 12:30 pm.

### Materials List

#### A Journal

Strathmore – 500 series

Page size should be close to 6 x 9 so when it is open, it is about 12 x 9. It should be an easy portable size.

I also prefer hot press (smooth paper) and heavy weight (140 lb is ideal but hard to come by). Not spiral bound. I think the softer journals are best since they can open flat. Here are a few options:

Stillman/Birn – Zeta series

Fabirano Academia sketchbook

Micron pen (005, black or sepia) or Copic multi-liner (size 0.05)

Portable watercolor brush (Niji or Faber Castell, smaller size tips)

Portable small watercolor travel set (Art toolkit, Beam Paints, Greenleaf Blue, Case for Making, Winsor Newton, Schmincke, there are many options!)